



UP'N'CHANGE

# Getting ahead in stress with digital tools.



## Learning & Development online.

A new level of stress challenges us all. This complexity requires sustainable, successful and innovative solutions. And this requires skills to be resilient and able to collaborate in such an environment.

With digital tools, we support you in reducing stress and being able to act, even in difficult situations. We have succeeded in translating sound expertise from psychology and coaching into compact digital solutions. People are efficiently helped to develop essential personal, social and creative skills.

## We make your work easier and you enable the team to unleash their potential.

Increase productivity and success in your company with the digiTools Stress Type-Check, Conflict-Facilitator, Goal Finder and InnoSparker. Find out how you and your team can better manage stressful situations. Achieve the full potential of your business and secure sustainable success.



ZIEL-FINDER

STRESSTYP-CHECK

KONFLIKT-FACILITATOR

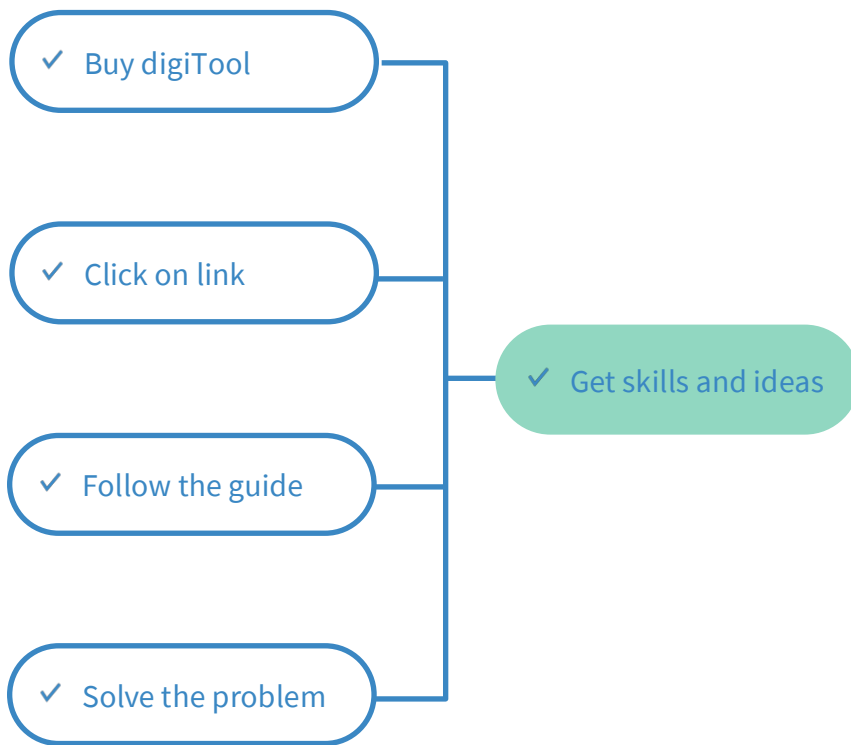




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# Why wait? Resolve problems now.

Enable true progress by offering digital tools to your staff.



Sustainable success quickly,  
and with little resources:

The online platform with breakthrough solutions to be ready for challenges.

- ✓ Compact knowledge
- ✓ Psychologically sound & proven
- ✓ 24/7 and time-saving access
- ✓ Enables individual solutions
- ✓ Discreet & guaranteed data protection

## Change to Success.

Your first step towards boosting productivity.

[www.upnchange.com](http://www.upnchange.com)

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