



## Dissatisfied? Disoriented?

### This is how to get ahead.

What do you want to achieve in your life? The Goal-Finder will help you discover it. When you are at loss and unhappy with your current situation, the Goal-Finder will bring you back on track and closer to your personal goals, step by step. An objective, digital tool that's available around the clock.

### Your benefit:

- ✓ Quick, non-bureaucratic self-help in stress situations
- ✓ Visualisation of your personal situation and topics
- ✓ Identification of the causes of your dissatisfaction
- ✓ Goal-finding and ideas on how to achieve goals
- ✓ Audio files with mental exercises for personal progress
- ✓ Report with the most important findings sent to you by e-mail



### A digital tool for self-help

- ✓ Takes only one hour to finish, no waiting time
- ✓ Compressed, year-long expertise
- ✓ Completely discreet: no online documentation of sensitive information
- ✓ Flexible use: Use the Goal-Finder wherever and whenever you want – all you need is an Internet connection

### Log in – Use – Get ahead.

Get some help now and start a new, fulfilled life without conflicts. It's that simple: log in, go through the programme step by step, and reap immediate benefit. For your next important step toward clarity.

[www.upnchange.com/digitools/goal-finder](http://www.upnchange.com/digitools/goal-finder)



Change to Success  
[www.upnchange.com](http://www.upnchange.com)